

TRANSFORM YOUR BODY



REACH FOR REFRESHING AMINOLEAN WITH GREEN TEA, CLA, BCAA'S & L-CARNITINE

ZERO SUGAR

INCREASES ENERGY & FOCUS

ANYTIME ANYWHERE

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Athletes who look to maintain a **lean** physique or figure follow a balanced nutritional plan and daily exercise programme. To help them achieve their exercise goals and for energy when they need it most, they reach for **AMINOLEAN**.

AMINOLEAN contains Branch Chain Amino Acids, CLA, Green Tea, L-Carnitine, plus Magnesium which contributes to **normal energy yielding metabolism**. Vitamin C is also added to **maintain normal function of the immune system during and after physical exercise**.

Each serving also contains Magnesium to contribute to the **reduction of tiredness and fatigue** and Caffeine to **increase alertness and attention**. With Pantothenic Acid to contribute to **normal mental performance**.

CLOUDY LEMONADE FLAVOUR

BLACKCURRANT FLAVOUR

STRAWBERRY MOJITO FLAVOUR

MANGO DAIQUIRI FLAVOUR

NUTRITIONAL INFORMATION

Serving Size: 1 Scoop (6g)	Servings Per Container 30	
	Per 6g serving	*RI per serving
Energy kJ/kcal	91/21	1%
Vitamin C (mg)	200	250%
Pantothenic Acid (mg)	3.0	50%
Magnesium (mg)	100	27%
Chromium (µg)	25	62%
Leucine (mg)	1500	-
Isoleucine (mg)	750	-
Valine(mg)	750	-
Conjugated Linoleic Acid (mg)	500	-
L-Tyrosine (mg)	500	-
Beta Alanine (mg)	400	-
L-Carnitine (mg)	250	-
Caffeine (mg)	100	-
Green Tea Extract (mg)	100	-

*RI = Reference intake of an average adult (8400kJ/2000kcal)
- RI Not Established

Suitable for Vegetarians. Gluten Free.

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SOME KEY FACTS ON INGREDIENTS FOUND INSIDE AMINOLEAN

GREEN TEA

Green tea comes from the tea plant *Camellia sinensis* and has been shown to activate thermogenesis in the body. Also when in conjunction with caffeine green tea has been shown to improve resting metabolic rate.

CLA

Conjugated linoleic acid or CLA is a fatty acid that is found naturally in sunflower oil, dairy, and meat. CLA appears to be involved in the regulation of fat, or adipose tissue, by the body

L-CARNITINE

L-Carnitine is an amino synthesized from two amino acids and plays a critical role in energy production. It transports long-chain fatty acids into the mitochondria so they can be burned to produce energy.

BCAAS

The BCAAs are leucine, isoleucine, and valine. The name "branched-chain amino acids" is derived from the structure of these compounds. BCAAs, unlike most other amino acids, are metabolized within muscle tissue, allowing them to be used as energy by muscle cells to produce cellular energy

CAFFEINE

Caffeine is naturally found in certain leaves, beans, and fruits of over 60 plants worldwide. Caffeine is widely used to boost mental performance and increase energy levels

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