

EFFECTIV CAFFEINE 200

Caffeine occurs naturally in the leaves, seed or fruits of more than 60 plants. Caffeine is used regularly in many formats to increase alertness and attention to get through a busy day, or increase endurance when used for sport and exercise.

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Manufactured in the EU for EFFECTIV NUTRITION

Distributed in the EU by:

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PROFESSIONAL SERIES

CAFFEINE 200

200mg CAFFEINE PER SERVING

INCREASES ALERTNESS &
ENDURANCE PERFORMANCE

EFFECTIVTM
SPORTS NUTRITION

90 TABLETS

RECOMMENDED USE: Use 1 tablet when alertness and attention is required throughout the day. Adults should consume 3mg/kg bodyweight of caffeine 1 hour prior to exercise. Do not exceed 2 servings per day.

NUTRITION INFORMATION

Contains 90 servings

	Per 1 Capsule
CAFFEINE	200mg

INGREDIENTS: Bulking Agent (Calcium Carbonate Preparation)(Maltodextrin), Caffeine Anhydrous, Bulking Agent (Microcrystalline Cellulose), Anti-caking Agent (Magnesium Stearate)(Vegetable Source), (Silicon Dioxide), Cellulose Coating.

Suitable for Vegetarians. Gluten Free.

WARNING: Contains Caffeine. Not recommended for children or pregnant women (contains 200mg Caffeine per serving).
KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light and moisture. Do not purchase if seal is broken. Do not exceed recommended intake. Do not use as a substitute for a varied and balanced diet and a healthy lifestyle.

FOOD SUPPLEMENT WITH CAFFEINE

BEST BEFORE DATE & BATCH NUMBER SEE BASE