

GLUTAMINE PLUS

EFFECTIV SPORTS NUTRITION

At EFFECTIV we are passionate about delivering you the best formulas at better value. Our single purpose is to develop products that help deliver the results you expect to achieve when you invest in supplements to improve your performance and physique.

L-GLUTAMINE

L-Glutamine is considered a conditionally essential amino acid and is the most prevalent amino acid in the body. Skeletal muscle contains the greatest intracellular concentration of Glutamine comprising up to as much as 60 percent of total body Glutamine stores. During catabolic stress intracellular Glutamine levels may drop more than 50 percent. EFFECTIV Glutamine Plus is supported by +Ascorbic acid, which has been shown to support a healthy immune system for those involved in intense physical exercise. This beneficial effect is obtained with a daily intake of 200mg in addition to the recommended daily intake of Vitamin C.

EFFECTIV™
SPORTS NUTRITION

EFFECTIV™
PHARMACEUTICAL GRADE

GLUTAMINE PLUS

5g
PURE
L-GLUTAMINE

77
SERVINGS
PER
CONTAINER

- + HELPS MAINTAIN NORMAL IMMUNE SYSTEM FUNCTION
- + FORMULATED FOR DURING & AFTER INTENSE PHYSICAL EXERCISE

400g

RECOMMENDED USE: As a food supplement, mix one serving (one heaped teaspoon) in water or your favourite beverage. Use one to three servings daily or as required.

NUTRITIONAL INFORMATION

Serving Size: 1 Scoop (5.2g) Servings Per Container 77

	Per Serving	%RI*
L-Glutamine	5g	**
Vitamin C	200mg	250%

*RI = Reference Intake
** No established RI

INGREDIENTS: L-Glutamine, Vitamin C (Ascorbic Acid).

Gluten Free.
Contents sold by weight, not volume. Settling may occur.

Do not exceed recommended intake.
Do not use as a substitute for a varied and balanced diet and a healthy lifestyle.
Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN.

Manufactured in the EU for EFFECTIV NUTRITION
Distributed in the EU by:
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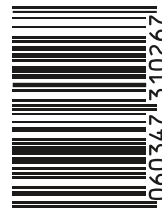
**BEST BEFORE DATE & BATCH
NUMBER SEE BASE**

400g FOOD SUPPLEMENT

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