

VEGAN • DAIRY-FREE • GMO-FREE • GLUTEN-FREE  
 NO ADDED SUGAR • HIGH PROTEIN • HIGH FIBRE

*It's what's NOT inside that makes it so good!*



Contains naturally occurring sugars.  
 ALLERGEN STATEMENT: For allergens see ingredients in **BOLD**.

INGREDIENTS: Date Paste, Isolated **SOYA** Protein, Rice Protein Isolate, Chicory Fibre, Carb Syrup, Rapeseed Oil, Dried Apple, **ALMONDS**, Dried Goji Berries, Sunflower Seeds, Brown Linseeds, **SESAME** Seeds, Black Chia Seeds (Savia Hispanica), Natural Flavouring, Ground Cassia, Purified Gumoa, Green tea Extract.

| NUTRITION INFORMATION  |         | Per 100g |         | Per Bar (50g) |      |
|------------------------|---------|----------|---------|---------------|------|
|                        | Per Bar | %RI*     | Per Bar | %RI*          | /50g |
| Energy kJ              | 788     | 15/6     | 374     | 7             | 9    |
| Energy Kcal            | 187     | 4/3      | 9       | 6             | 9    |
| Fat (g)                | 8.6     | 17       | 4.3     | 9             | 6    |
| of which saturates (g) | 1.0     | 2        | 0.5     | 2             | 7    |
| Carbohydrate (g)       | 50.0    | 22       | 25.0    | 9             | 9    |
| of which sugars (g)    | 38.0    | 22       | 19.0    | 9             | 9    |
| Fibre (g)              | 11.2    | 20       | 5.6     | 2             | 20   |
| Protein (g)            | 20.0    | 40       | 10.0    | 20            | 3    |
| Salt (g)               | 0.36    | 7        | 0.18    | 4             | 3    |

\*RI = Reference intake of an average adult (8400kJ/2000kcal)  
 - RI Not Established

**10G PROTEIN VEGAN • GLUTEN FREE • NO ADDED SUGAR • APPLE CINNAMON FLAVOUR**



NET WT 50G e

50G APPLE AND CINNAMON FLAVOUR HIGH PROTEIN BAR

Store in a cool dry place out of direct sunlight

**BEST BEFORE**

**EFFECTIV**<sup>TM</sup>

Manufactured and Distributed in the EU by

EFFECTIV NUTRITION

Tuscany House, Beata Road  
 Chesterton, Newcastle-Under-Lyme  
 Staffordshire, ST5 7UT  
 +44 (0) 1782 281222

[www.EfectivNutrition.com](http://www.EfectivNutrition.com)



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