

## EFFECTIV ZM PRO

EFFECTIV ZM PRO is an exclusive blend of Zinc, Magnesium and Vitamin B6. Zinc contributes to the maintenance of normal testosterone levels in the blood.

Magnesium contributes to normal muscle function and protein synthesis. Vitamin B6 contributes to the regulation of hormonal activity and to the reduction of tiredness and fatigue.

Manufactured in the EU for EFFECTIV NUTRITION

Distributed in the EU by:  
Body Temple Ltd.

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[www.EfectivNutrition.com](http://www.EfectivNutrition.com)



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## PROFESSIONAL SERIES

# ZM PRO

### OPTIMISED MALE FORMULA

▶ **10 MG** PYRIDOXINE HYDROCHLORIDE  
▶ **450 MG** MAGNESIUM CITRATE/OXIDE  
▶ **30 MG** ZINC MONOMETHIONINE

**EFFECTIV**  
SPORTS NUTRITION

**90 CAPSULES**

FOOD SUPPLEMENT WITH VITAMINS & MINERALS

**RECOMMENDED USE:** Take 3 capsules 30-60 minutes preferably before bedtime. For best results avoid consuming with calcium containing foods and supplements

## NUTRITION INFORMATION

Contains 30 servings

	Per 3 Capsules	%RI*
Vitamin B6	10.5mg	750%
Magnesium	450mg	120%
Zinc	30mg	300%

\*RI = Reference Intake

**INGREDIENTS:** Magnesium Citrate, Magnesium Oxide, Zinc Monomethionine, Vitamin B6 (Pyridoxine Hydrochloride), Gelatine calcium hydrogen phosphate, Silicon dioxide, Magnesium Stearate.

Keep out of reach of children. Store in a dry, cool place.

Protect from heat, light and moisture. Do not purchase if seal is broken. Do not exceed recommended intake. Do not use as a substitute for a varied and balanced diet and a healthy lifestyle.

FOOD SUPPLEMENT WITH VITAMINS AND MINERALS

**BEST BEFORE DATE & BATCH NUMBER SEE BASE**