



MADE WITH WHEY PROTEINS • OVEN BAKED
GLUTEN FREE • SUITABLE FOR VEGETARIANS

ALLERGEN STATEMENT: For allergens see ingredients in **BOLD**.
Flavour), Humectant (Glycerol), Brown Sugar, Flavouring (0.5%), Himalayan Pink Salt.
Partially Inverted Sugar Syrup, White Chocolate Pieces (Sugar, Whole **MILK** Powder (**MILK**), Cocoa Butter, Emulsifier (**Soya** Lecithin),
Sunflower Lecithin), Acidity Regulator (Lactic Acid), Flavouring, Colours (Lutein, Curcumin), Carbonyl Syrup, Fructo-Digosaccharides,
Caseinate (**MILK**), Vegetable Oil Blend (Vegetable Oils (Sunflower, Rapeseed), Salt, Emulsifiers (Mono & Di-glycerides or Fatty Acids,
Soya Lecithin), Rice Flour), Whey Protein Isolate (**MILK**), Whey Protein Concentrate (**MILK**) (Emulsifier (**Soya** Lecithin)), Calcium
INGREDIENTS: **Oats** (27%), Protein Blend (23%) (Whey Proteins (17.5%) Whey Crisp Pieces (Whey Protein Isolate (**MILK**) (Emulsifier

EFFECTIV[®] Pro & Oats

**HIGH PROTEIN
FLAPJACK** **GLUTEN
FREE**



NET WT 70g e

Oven Baked, High Protein Cherry Bakewell Flavour Flapjack with Whey & Oats



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Serving Size: 1 Bar (70g)

	Per Bar (70g)	Per 100g	%RI* /70g
Energy kJ	1601	1120	13
Energy kcal	382	267	13
Fat (g)	13.2	9.3	13
of which saturates (g)	3.5	2.4	12
Carbohydrate (g)	39.8	27.9	11
of which sugars (g)	14.2	9.9	11
Fibre (g)	10.2	7.2	11
Protein (g)	17.2	12.2	28
Salt (g)	0.46	0.32	5

*RI = Reference Intake of an average adult (8400kJ/2000kcal)
- RI Not Established

NUTRITION INFORMATION



Store in a cool dry place
out of direct sunlight

BEST BEFORE