160mm

12mm 136mm 12mm

17mm 20mm 14mm 38mm 140mm 14mm 20mm 17mm

FOR PROOF ONLY FOR PROOF ONLY FOR PROOF ONLY

EFECTIV®

Pro&Oats

HIGH PROTEIN FLAPJACK

GLUTEN FREE

toffee oat FLAVOUR

NET WT 70g e

Oven Baked, High Protein Toffee Flavour Flapjack with Whey & Oats

MADE WITH WHEY PROTEINS • OVEN BAKED
GLUTEN FREE • SUITABLE FOR VEGETARIANS

HALAL MONITORING COMMITTEE UK

NUTRITION INFORMATION

Serving Size: 1 Bar (70g)	Per 100g	Per Bar	%RI*/70g
Energy kJ	1601	1120	13
Energy Kcal	382	267	13
Fat (g)	13.5	9.5	14
of which saturates (g)	3.5	2.4	12
Carbohydrate (g)	39.4	27.6	11
of which sugars (g)	13.2	9.3	10
Fibre (g)	10.8	7.6	—
Protein (g)	20	14	28
Salt (g)	0.51	0.35	6

*RI = Reference intake of an average adult (8400kJ/2000kcal)
– RI Not Established

INGREDIENTS: **Oats** (22%), Protein Blend (22%) [(Whey Proteins (17.7%) Whey Crisp Pieces (Whey Protein Isolate [**MILK**] (Emulsifier (**Soya** Lecithin)), Rice Flour, Whey Protein Isolate (**MILK**), Whey Protein Concentrate (**MILK**) (Emulsifier (**Soya** Lecithin)), Calcium Caseinate (**MILK**)), Vegetable Oil Blend (Vegetable Oils (Sunflower, Rapeseed), Salt, Emulsifiers (Mono & Di-Glycerides of Fatty Acids, Sunflower Lecithin), Acidity Regulator (Lactic Acid), Flavouring, Colours (Lutein, Curcumin)), Carob Syrup, Fructo-Oligosaccharides, Flavour Blend (5.633%)[Toffee Fudge Cubes (Sugar, Full Cream Condensed **MILK** (**MILK**, Sugar), Fondant (Sugar, Glucose Syrup, Water), Glucose Syrup, Vegetable Oil, Emulsifier (**Soya** Lecithin), Natural Flavouring), Partially Inverted Sugar Syrup, Humectant (Glycerol), Brown Sugar, Himalayan Pink Salt.

ALLERGEN STATEMENT: For allergens see ingredients in **BOLD.**

EFECTIV®
www.EfectivNutrition.com

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Store in a cool dry place
out of direct sunlight

BEST BEFORE